



A Wealth of Information Is Just a Click Away

The following online resources can provide information about issues of concern to today's seniors and their families.

- AARP-Caregiving www.aarp.org/family/caregiving
- About Incontinence www.aboutincontinence.org
- About Senior Living www.seniorliving.about.com
- Administration on Aging www.aoa.gov
- Alzheimer's Association-National www.alz.org
- Alzheimer's Association-Illinois www.alzheimers-illinois.org
- American Assoc. of Geriatric Psychiatry www.aagpgpa.org
- American Assoc. of Homes & Services for the Aging www.aahsa.org
- American Assoc. of People with Disabilities www.aapd-dc.org
- American Association of Retired Persons www.aarp.org
- American Bar Association www.abanet.org/aging
- American Cancer Society www.cancer.org
- American Diabetes Association www.diabetes.org
- American Foundation for the Blind www.afb.org/seniorsitehome.asp
- American Geriatrics Society www.americangeriatrics.org
- American Heart Association www.americanheart.org
- American Heart Assoc.-Caregiver www.americanheart.org/caregiver
- American Lung Association www.lungusa.org
- American Pain Society www.ampainsoc.org
- Arthritis Foundation www.arthritis.org
- Assisted Living Federation of America www.alfa.org
- Benefits Check Up www.benefitscheckup.org
- Caring Steps and Stages www.caring.com
- Chicago Caregiver Magazine www.caregivermag.com
- Consortium on Assisted Living www.ccal.org
- Continuing Care Accreditation Commission www.ccaonline.org
- Education in Geriatrics www.gericareonline.net
- Elder Care Locator www.eldercare.gov
- Elder Care Online www.ec-online.net
- Eldercare Family Center www.eldercarefamilycenter.com
- Elder Law www.elderlawanswers.com
- ElderWeb www.elderweb.com
- Extended Care Information Network www.extendedcare.com
- Fall Prevention Center of Excellence www.homemods.org
- Family Caregiver Alliance www.caregiver.org
- Fisher Center for Alzheimer's Research Foundation www.alzinfo.org
- Friendly 4 Seniors www.friendly4seniors.com
- Geriatrics at Your Fingertips www.geriatricsatyourfingertips.org
- Geriatric Mental Health Foundation www.gmhfonline.org
- Health In Aging www.healthinaging.org
- HealthandAge.com www.healthandage.com
- Healthy Caregiver www.healthycaregiver.com
- Help Starts Here www.helpstartshere.org
- Illinois Housing Development Authority www.ihda.org
- Illinois Department on Aging www.state.il.us/aging
- Illinois Department of Public Aid www.state.il.us/dpa
- Illinois Department of Public Health www.idph.state.il.us
- Illinois Department of Financial and Professional Regulation www.idfpr.com
- Illinois Secretary of State www.sos.state.il.us

- Lewy Body Dementia www.lewybodydementia.org
- Life Services Network www.lzni.org
- Mayo Clinic www.mayoclinic.org
- Medline Plus www.medlineplus.gov
- Medicare www.medicare.gov
- Medicare-Nursing Home Comparison www.medicare.gov/NHCompare
- Mental Health America www.nmha.org
- National Alliance for Caregiving www.caregiving.org
- National Association of Elder Law Attorneys www.naela.org
- National Association of Private Duty Home Care www.private-duty-homecare.org
- National Cancer Institute www.cancer.gov
- National Citizens Coalition for Nursing Home Reform www.nccnhr.org
- National Council on the Aging and Benefits Check Up www.benefitscheckup.org
- National Council on Aging www.ncoa.org
- National Eye Institute www.nei.nih.gov
- National Family Caregivers Association www.thefamilycaregiver.org
- National Institute on Aging www.nih.gov/nia
- National Institute on Deafness and Other Communication Disorders www.nidcd.nih.gov
- National Institutes of Health www.nih.gov
- National Institutes of Health-Senior Health <http://nihseniorhealth.gov>
- The National Library of Medicine www.nlm.nih.gov
- National Multiple Sclerosis Society www.nmss.org
- National Osteoporosis Foundation www.nof.org
- National Parkinson Association www.apdaparkinson.org
- National Senior Citizens Law Center www.nslc.org
- National Stroke Association www.stroke.org
- Needy Meds www.needy meds.com
- Patient Assistance Programs www.rxhope.com
- Positive Aging www.positiveaging.org
- RXLIST www.rxlist.com
- A Senior's Guide to Good Nutrition www.vrg.org/nutrition/seniors.htm
- SeniorJournal.com www.seniorjournal.com
- Senior Resource www.seniorresource.com
- Social Security Administration www.ssa.gov
- WebMD-Alzheimer's www.webmd.com/alzheimers

